

Serenity Times

Dec 2019
update

A Publication of the Galveston/Bay Area Intergroup of Overeaters Anonymous

Mark Your Calendar

Twelfth Step Within Day Dec. 12, 2019

A day to focus on carrying the message to OA members who are struggling, in relapse or just need a support call.

EACH ONE REACH ONE ON 12/12



2019

Holiday Phone Tree Sign UP

We ALL need a little extra support throughout the Holidays!

Sign up to be a part of the "tree" and be called by someone else and pass the support along to the next person on the "line!"

<http://oahouston.org/index.php/2019/11/06/2019-holiday-phone-tree/>

New 12 Step Workbook of Overeaters Anonymous (2nd edition) Step Study at Wed. night League City OA

HOW meeting- (open to all OA members)

6 pm Turning Point Church
400 Hobbs Rd Suite 111 League City

<https://bookstore.oa.org/images/twwkL.png>

Can't make a face to face meeting? Don't suffer in isolation. Try a telephone meeting.

Go to : OA.org [Find a Meeting](#) and find over 280 meetings a week However, try to support our local meetings whenever you can. It is a service to you and others.

Service Strengthens Our Recovery!

Galveston Bay Area Intergroup Meeting List 2019

MONDAY new location

Jan., April, July, Oct. 3rd Monday, 5:30 p.m.
Intergroup Business Meeting
Up the Street Club
17400 El Camino Real #300
Houston, TX 77058
Contact: Kay H. 281-796-4719

MONDAY

Deer Park (51567)

OA Literature 11:30 AM
In His Presence Fellowship Church
1202 East P Street, (Fellowship Hall)
Contacts: Bekki S. 409 454-5720 Ron S. 832 455-9022

TUESDAY

***Webster-(46923)

OA-HOW Discussion 6 PM
PAM Rehabilitation Center
110 E Medical Cntr. Blvd Rm 1013
Contact: Carol B 832-385-1989

WEDNESDAY

Clear Lake (13244)

OA Literature (Big Book/12&12) 10 AM
Clear Lake Presbyterian Church
1511 El Dorado, Houston TX 77062 (rm L101)
Contact: Kay 281-796-4719

WEDNESDAY

League City (48068)

***OA HOW_Literature/Discussion 6 PM
Turning Point Church
400 Hobbs Rd Suite 111 League City
Contact: Eleanor 713-851-4012

***THURSDAY

Galveston (53843)

OA Literature/Speaker 6:30 pm
Moody Methodist Christian Life Center
2803 53rd St. Rm 108
Contact: Pauline H 409-789-3391

***Webster

OA-6:30 pm

Up the Street Club
17400 El Camino Real #300
Houston, TX 77058
contact:Marilyn 713-299-7212

FRIDAY (53219)

Together We Get Better OA Literature 11:30 AM
Bay Area Club-11:30 AM
2111 Webster St. Rm B League City 77573
Contact: Bekki S 409-454-5720. Ron S-832-455-9022

SATURDAY(12635)

OA For Today/Discussion, 10:30 AM

House of Prayer Lutheran Church
14045 Space Center Blvd. Rm 210
Contact: Marcia (281) 782-5363

*****This meeting is not officially affiliated with GBAI and is included as a courtesy.**

For more additional OA meeting information go to

www.oagalveston.org

If there are any changes in meetings, please contact Amparo- 281-380-7265