

Serenity Times

July 2019
update

A Publication of the Galveston/Bay Area Intergroup of Overeaters Anonymous

Mark Your Calendar

OA HOW Annual Retreat

Aug. 16-18, 2019

Holy Name Passionist Retreat Center
430 Bunker Hill Rd, Houston 77024
713-464-0211

to register:

<https://holynameretreatcenter.com/oa-how-for-men-and-women-august-16-18-2019/>

2019 OA Convention

All Aboard! Step into Recovery

Oct 18-20, 2019

South Shore Harbour Resort

2500 South Shore Dr. League City, TX 77573

Contact: Marilyn M-713-299-7212 or Annette 832-282-6178

For registration flyer go to:

http://www.oahouston.org/images/Flyers/2019_Convention_Registration_Flyer.pdf

OA Service Opportunity!

Fall Convention Planning Meetings

2nd Sat. of each month at 1:30 pm

Chase Bank Bldg.

2900 Woodbridge Dr. suite 300 Houston, TX 77087

contact: Marcia F " 281-782-5363

Can't make a face to face meeting? Don't suffer in isolation. Try a telephone meeting.

Go to : OA.org [Find a Meeting](#) and find over 280 meetings a week However, try to support our local meetings whenever you can. It is a service to you and others.

OA is a fellowship of individuals who, through shared experience, strength, hope, and the 12 steps of this program are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology or religious doctrine: we take no position on outside issues. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

Serenity Times is a publication of the Galveston/Bay Area Intergroup of Overeaters Anonymous. The editor reserves the right to edit for space and style. Reprinting of this material is permitted provided proper credit is given the source. Please send submissions to: serenitytimes@hotmail.com All issues are published at www.oagalveston.org

Galveston Bay Area

Intergroup Meeting List 2019

MONDAY new location

Jan., April, July, Oct. 3rd Monday, 5:30 p.m.

Intergroup Business Meeting

Up the Street Club

17400 El Camino Real #300

Houston, TX 77058

Contact: Kay H. 281-557-3881

MONDAY

Deer Park (51567)

OA Literature 11:30 AM

In His Presence Fellowship Church

1202 East P Street, (Fellowship Hall)

Contacts: Bekki S. 409 454-5720 Ron S. 832 455-9022

TUESDAY

*****Webster-(46923)**

OA-HOW Discussion 6 PM

PAM Rehabilitation Center

110 E Medical Cntr. Blvd Rm 1013

Contact: Carol B 832-385-1989

WEDNESDAY

Clear Lake (13244)

OA Literature (Big Book/12&12) 10 AM

Clear Lake Presbyterian Church

1511 El Dorado, Houston TX 77062 (rm L101)

Contact: Kay 281-796-4719

WEDNESDAY

League City (48068)

***OA HOW_Literature/Discussion 6 PM

Turning Point Church

400 Hobbs Rd Suite 111 League City

Contact: Eleanor 713-851-4012

THURSDAY

Galveston (53843)

OA Literature/Speaker 6:30 pm

Moody Methodist Christian Life Center

2803 53rd St. Rm 108

Contact: Pauline H 409-789-3391

New Thursday Meeting starting, 7/11/19

Webster

OA-6:30 pm

Up the Street Club

17400 El Camino Real #300

Houston, TX 77058

contact: Marilyn 713-299-7212

http://oahouston.org/images/Flyers/UTSC_OA_Meeting_Flyer.pdf

FRIDAY (53219)

Together We Get Better OA Literature 11:30 AM

Bay Area Club-11:30 AM

2111 Webster St. Rm B League City 77573

Contact: Bekki S 409-454-5720. Ron S-832-455-9022

SATURDAY(12635)

OA For Today/Discussion, 10:30 AM

House of Prayer Lutheran Church

14045 Space Center Blvd. Rm 210

Contact: Marcia (281) 782-5363

*****This meeting is not officially affiliated with GBAI and is included as a courtesy.**

For more additional OA meeting information go to

www.oagalveston.org

If there are any changes in meetings, please contact

Amparo- 281-380-7265